September 2011 Elul/Tishrei 5771/5772

Sinai Temple Îletin Take Back Your Time: Rediscover Shabbat

For Your Consideration Rabbi Mark Dov Shapiro

Every once in a while someone asks why I read Martin Luther King's "I Have a Dream Speech" every Rosh Hashanah evening service.

You know the text,"I have a dream that one day this nation will rise up and live out the true meaning of its creed:"We hold these truths to be self-evident: that all men are created equal." I have a dream...we will be able to transform the jangling discords of our nation into a beautiful symphony of brotherhood. Let freedom ring from every mountainside...And when this happens, we will be able to join hands and sing in the words of the old Negro spiritual, "Free at last! Free at last! Thank God Almighty, we are free at last!"

I read the words at the end of our opening New Year service as a perfect introduction to the prayer book's phrase from the prophet Zechariah," On that day, o God, You shall be one and Your name shall be one."

The two texts fit together liturgically, poetically, and Jewishly because Dr. King's words were prophetic just like Zechariah's. Dr. King's words capture the spirit of hope that lies at the core of Judaism.

"But, Rabbi, why read the words year after year? We've the heard the speech. We know it already."

Let me flip the question back at you."Why read the Shema or any other prayer year after year? We know those words too. Why do we repeat them?"

Because we don't come together for services in order to gain information. We pray together in order to affirm our convictions and bolster our faith.

I don't read Dr. King's words annually because they are new. I read them because they are important and challenging. The words focus and inspire me.

And that's what we do in Jewish worship altogether. We challenge, focus, and inspire.

La mspire , contribution of the saturday evening before 74 of The Saturday, September 74 of The Saturday evening before 7 Vereing the saturday evening the From Tsunami to Tornado: God, Where Have You Been in 1971? A Coffeehouse Evening for Exploring Belief Saturday, September 24 8 to 9:30 p.m. The Saturday evening before Rosh Hashanah is set aside for a mood-setting ser-te. Judaism calls it Selichot. At Sinai, we give the evening a unique thematic shape mbining music, reading, learning, and worship. This year's Selichot "Coffeehouse" Il ask: Where has God been when so much loss has taken place this last year. The Rabbi and Cantor have shaped an evening for conversation featuring classic d modern Selichot music. Coffee & desserts will be served.

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Friday Evenings -

SERVICE WITH

A STORY at 7:00 p.m.

September 2

August and September birthdays too!

KABBALAT SHABBAT at 6 p.m. September 9

A beautiful brief service. Come early for veggies and snacks. Home by 7 p.m.

SERVICE WITH FALAFEL! at 7:30 p.m.

September 16

We will honor and listen to stories from Sinai teens just back from summer in Israel.

SERVICE WITH THE TORAH at 7:30 p.m. September 23 & 30

Torah reading, sermon, and New Year Shabbat thoughts.

Special Friday Evenings Sacred Chant - Fridays, September 30 & November 25

Cantor Levson will lead half hour services of chanting and meditation to set the tone for he congregational service at 7:30 p.m.

Every Saturday Morning Service at 10:30 a.m.

Mazal Tov to our Bnai Mitzvah

- September 3 Gabriel Awad, son of Bill and Suzy Awad
- September 10 Alex Kugelmass, son of Ari Kugelmass & Karen Ambrose

A Message from President Jeff Cossin

I am proud and excited to be able to lead Sinai Temple as your president for the next two years. I look forward to greeting all of you and addressing our wonderful Sinai Community not only during the High Holidays but also when we see each other during the year. I am not so naïve to believe that I will actually get the opportunity to greet all of you but I encourage you to contact me either at home at 567-7320 or via EMAIL at PHOhead@ aol.com. As many of you know I do have a hectic day job being a physician so I ask for your patience in my response to your correspondence. Some of you have already made some great suggestions to me face to face. But may I suggest that you email me or write me at the Temple. Not only will I then have a permanent record of your thoughts but I can then respond efficiently and can route your comments and suggestions to the appropriate committee heads, Board members, office staff or Professional Staff.

Our Sinai Community is very fortunate this year to have several new committee chairpeople. I am happy to welcome to our leadership team Karen Mendelsohn, chair of the Membership Committee, Kathy Roberts, chair of the Social Action Committee, Steven Kessler, chair of the Ritual Committee, Ilene Conklin, chair of the Fundraising Committee and Alan Goldsmith, chair of the Finance Committee.

Sinai's participation in the Try A Synagogue initiative continues this year with an Open House for the entire unaffiliated Jewish community on Wednesday September 14, 2011, from 5:30 to 7:30 PM. If you have friends who do not belong to a synagogue please suggest that they come to one or all of the three synagogues that evening. I would love to have them join our Community.

Welcome to New Members:

- Richard and Melissa Simons and their son Samuel
- ReuvenVan Der Woude and his sons Jacob and Jonah
- David Braverman and Hsui-Jung Chang and their son Elliot
- Michael and Pat Scheer
- Kelly and Waverly Weinberg and their children Holly and Drew

JUDAICA SHOP CORNER

Your Judaica Shop will reopen with regular hours: Tuesdays from 2 to 4:30 P.M. and Sundays from 9 A.M. to 12:30 P.M. starting on Sunday, Sept. 11th, which is also **GRANDPARENT'S DAY!!!**

For the coming High Holidays, we have beautiful apple and honey servers, challah plates and knives, kiddush cups, candle holders and more.

Thais Fischel, 786-9577

From Tsunami to Tornado: God, Where Have You Been in 5771? A Coffeehouse Evening for Exploring Belief Saturday, September 24 8 to 9:30 p.m.

A pre-High Holiday coffeehouse and service designed for this year of natural disasters and dilemmas. Where has God been when so much loss has taken place?

The Rabbi and Cantor have shaped an evening for conversation featuring classic and modern Selichot music.

Coffee & desserts will be served.

Erev Rosh Hashanah Wednesday, September 28

Evening Service at 8:00 p.m.

Rosh Hashanah Day Thursday, September 29

Children's Service	8:30—9:15 a.m.		
(For families with children from infant to 7 yrs)			
Congregational Service	10:00—12:15 p.m.		
(Childcare & program	10:00—12:15 p.m.)		
Tashlich	4:30 p.m.		

Cemetery Memorial Service

Sunday, October 2 at 1:00 p.m.

At the Sinai Temple Cemetery

Kol Nidre

Friday, October 7 at 8 p.m.

Yom Kippur Day

Saturday, October 8

(Childcare & program10:00—12:30 p.m.)Musical Interlude12:30 p.m.Study Options1:30 p.m.Family Service2:00 p.m.Afternoon Service3:00 p.m.Yizkor Service4:45 p.m.Neilah/Closing Service5:45 p.m.Break Fast6:15 p.m.	Morning Service	10:00 a.m.
Study OptionsI:30 p.m.Family Service2:00 p.m.Afternoon Service3:00 p.m.Yizkor Service4:45 p.m.Neilah/Closing Service5:45 p.m.	(Childcare & program 10:00-	-12:30 p.m.)
Family Service2:00 p.m.Afternoon Service3:00 p.m.Yizkor Service4:45 p.m.Neilah/Closing Service5:45 p.m.	Musical Interlude	I 2:30 p.m.
Afternoon Service3:00 p.m.Yizkor Service4:45 p.m.Neilah/Closing Service5:45 p.m.	Study Options	I:30 p.m.
Yizkor Service	Family Service	2:00 p.m.
Neilah/Closing Service	Afternoon Service	3:00 p.m.
	Yizkor Service	4:45 p.m.
Break Fast 6:15 p.m.	Neilah/Closing Service	. 5:45 p.m.
	Break Fast	. 6:15 p.m.

Ticket Requirements

- Tickets will be required for admission to each service.
- Tickets will be checked at the Temple entrance.
- · Each member of the family should have his/her own ticket.

Tickets will be mailed automatically if any of the following are satisfied:

• A minimum of 2/3 of this year's dues, plus any past due amounts, have been paid.

• A payment schedule has been arranged with the treasurer or financial secretary.

• Arrangements have been made for credit card payments.

Childcare

Please see page four.

Try a Synagogue Offers Temple Membership \$365 a Year: A Dollar a Day As an incentive to grow our membership, Sinai is joining with Temple Beth El and Congregation B'nai Torah for a unique offer. For those who have not belonged to a synagogue in any of the last three years. Join a synagogue this year for \$365. Share the news with a friend. Bring a friend. Help grow Sinai.

30 and Under membership category

• In order to open the Temple as much as possible to young Jews, we gladly welcome members who are 30 years of age or under.

• Individuals 30 or under may become members at no cost.

Out of Town Guest policy

 Members of other congregations affiliated with the URI should ask for a seating request from their home temple for seating at Sinai Temple.

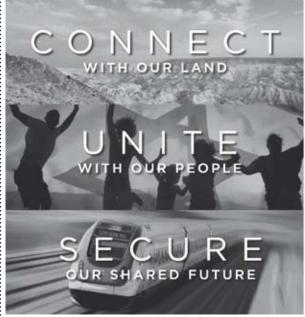
• Members may request complimentary tickets for out of town guests by completing a request form obtained from the Temple office. Guest's home addresses must be supplied.

· Households new to the Western Mass/ Northern

Attending Services on the Telephone

Do you know someone who misses out on High Holiday Services because they are physically unable to attend? This year it will be possible to hear live Sinai Temple services by telephone from home or even from a hospital room. Sinai's Caring Community and TRZ Religious Services will be making this wonderful opportunity available.

This service is free of charge to members and will not be limited to the High Holidays. It can also be used to listen in on any service (i.e. Bar/Bat Mitzvah, wedding or funeral) that Rabbi Shapiro and Cantor Levson lead from the bimah.



This High Holy Day Season, stand up for Israel. Invest in Israel Bonds.



Development Corporation for Israel State of Israel Bonds 924 Farmington Avenue Suite 205 West Hartford, CT 06107 860-236-4523 800-916-1918 www.israelbonds.com

This is not an offering, which can be made only by prospectus. Read the prospectus carefully before investing to fully evaluate the risks associated with investing in State of Israel bonds. Issues subject to availability. Photos: ©stockphoto.com

www.sinai-temple.org

Connecticut area, not affiliated with a synagogue, may receive complimentary High Holiday tickets once upon request.

Prayers and Blessings for Your Home

Rosh Hashanah and Yom Kippur begin at home with family meals. Your meal can become more than a pleasant dinner by making into a sacred occasion with the appropriate blessings for the holidays. Our website has everything you need in English, Hebrew, and transliteration. www. sinai-temple.org

Music for Your Home

High Holiday melodies that appear in our services are now available on the website. Listen and learn! www.sinaitemple.org

For Young Families Rosh Hashanah Morning at 8:30 a.m.

If you have children 7 years and younger down to infancy, we've got something NEW for you in the Magen David Room. Come join the Rabbi and Cantor for a service designed to meet your young family's needs. We'll be sitting in a circle of chairs. Apples and honey will close the service around 9:15 a.m.

ONE Rosh Hashanah Morning Service 10:00 a.m. to 12:15 p.m.

As was announced two times last Spring, there will NOT be two congregational services on Rosh Hashanah this year. There will be ONE morning service starting like Yom Kippur at 10 a.m. and ending at lunch time (!) around 12:15 p.m.

Babysitting for Children through Kindergarten

Babysitting for small children ages two through Kindergarten (no infants) will be available during the 10 a.m. services on Rosh Hashanah morning and Yom Kippur morning. We would also like to offer babysitting for infants IF there is real interest. Please contact the Temple office to reserve a spot for your child...736-3619. We will hire babysitters based on the prior reservations.

Child Programming for Grades One & Two

An age appropriate program for children in Grades I and 2 will be available during the 10 a.m. services on Rosh Hashanah morning and Yom Kippur morning. Please contact the Temple office to reserve a spot for your child...736-3619.

Children in Grades Three & Four

On Yom Kippur morning, we will be offering a service/ program, designed for this intermediate age group. Too old for a children's program; often too young for the full adult service. More information will follow.

Children in Grades Five & Six (PLEASE NOTE)

We will NOT be offering a service/program for this age group. Experience from previous years and conversations with parents indicate that most parents believe their 5th/6th grader can attend the adult services.

For Young Families Yom Kippur Afternoon at 2 p.m.

If you have young children (7 years and younger down to infancy), we've got something for you in the Magen David Room. A brief service for the Day of Atonement. PLUS if you've got the energy, bring your kids back (all ages) to the Neilah/Concluding Service. Be there around 6:15 p.m. We'll end the whole day by inviting all children onto the bimah for a final blast of the shofar.

Visiting the Sinai Temple Cemetery A NEW TIME

It is traditional to visit the cemetery during the High Holiday period. Temple members with loved ones buried at Sinai's cemetery are welcome to visit the cemetery for a service conducted by the Rabbi and Cantor on Sunday, October 2. PLEASE NOTE...In previous years this service has taken place at 2 p.m. THIS YEAR'S SERVICE WILL TAKE PLACE AT 1:00 p.m.





Based on the custom of "casting our sins" away, we gather at Laurel Pond in Longmeadow for 30 informal minutes. It's Rosh Hashanah in jeans and with a large smile. We sing. Share original prayers and poems. Taste challah dipped in honey. \sim



Jeff Cossin Presdident

I am thrilled to be able to serve the Sinai community where I have been a member for over 55 years. I had my Bar Mitzvah here and was

confirmed here having Sid Snegg and Rabbi Herman Snyder as my teachers. I am honored to follow many generations of Presidents whom I have known over all of these years. It was Bea Hano who first started me in a leadership role as the first chairperson of the Shalom Committee. Since then I have served on the Religious School Committee, Ritual Committee, Membership Committee, the Temple Board and Executive Committee. I have three adult children. Elizabeth who

is studying for a Master's Degree in Social Work, Talia who is now teaching elementary school in Costa Rica, and Zev who is working at the National Museum of the American Indian

in Washington D.C. I am looking forward to meeting all of my fellow congregants over the next two years.



Bruce Leshine Ist Vice President

I am the First Vice President of Sinai Temple, living in Longmeadow with my wife, Liz, and daughters Shelby and Abigail. We were married at Sinai Temple

in 1985, and Liz's family (the Nirensteins and the Plotkins) have been members of Sinai Temple for over sixty years. Previously, I have served on the Sinai Board of Directors and as Treasurer of Sinai Temple. When not at Sinai or running on the trails at Mt Tom, I am a technology lawyer and partner in the law firm of LeClairRyan in Hartford, Connecticut.



Bobi Steingart Vice Presdident

I am pleased to serve as a Vice-President on the Board of Directors. Our family moved to Longmeadow in 1982.We joined Sinai Temple and have enjoyed being active in the Sinai Commu-

nity. I work at the JCC Preschool as the Education Coordinator and my husband, Rich, is a Hematologist at the Baystate Medical Center. I have served on the Board and was the Financial Secretary as well as a member of the Social Action Committee. If you would like to cook a meal during the year for Loaves and Fishes, I am the one to call! In my free time I love to visit with our grown children and grandchild, volunteer for the Pioneer Valley Red Cross, ride my bike, travel with friends, ski and read.



Alan Goldsmith Treasurer

I am an empty nester who grew up in the Springfield, Longmeadow area. My wife, Nancy, and I have four children and 12 grandchildren who live in the West Hartford and Agawam

areas. Nancy and I have known each other since 7th grade and graduated high school together. We just celebrated our fourth wedding anniversary. I am the President and Senior Partner of A&R Associates, a Company of ASMP, Inc., providing accounting and tax services. As a couple, we have found that belonging to Sinai Temple has been a great experience both religiously and socially. The members have been genuine and inviting us into their circle of friendship. It is with great

Meet the Incoming Executive Committee for Sinai Temple pride that I am serving as the Treasurer of Sinai Temple. Giving back to the community is what it is all about.

Laurie Weinberg Financial Secretary

My family and I have been Temple members since 1985. My four children, Waverly, Jesse, Lane, and Courtney and I have all been B'nai Mitzvah on the Sinai bimah. I have been on the

board since 2007 and the financial secretary since 2008. I am the chairperson of the Adult Education Committee and a devotee of Torah Study. I cherish and rely on being part of the Sinai community and enjoy working to keep Sinai vibrant and responsive for our community. I am a clinical psychologist and live in Wilbraham, which is really not so far from Longmeadow as people think.



Patricia Gootzit Recording Secretary

My family and I have been members of Sinai Temple for the past 8 years. We were welcomed with open arms and our family enjoys actively participating in Temple life. Since we joined I have been a member of the Inter-

faith Committee, Chair of the Youth Committee and now hold the position of Recording Secretary. I retired from MassMutual Life Insurance Company after 25 years of service. I held various positions during that time, the last ones prior to retiring being President & CEO of MassMutual Benefits Management, Inc., a subsidiary that handled the benefits plans for employees, and Corporate Vice President, Enterprise Services. My proudest titles, however, are wife and mother. I've been married to my husband Gary for 32 years and my daughter Shaina is my pride and joy.

www.sinai-temple.org

Joining a Synagogue is Like Getting Married... So maybe you should go on a couple of dates first! Invite a friend to our Second Annual Synagogue Open House Wednesday, September 14 5:30 – 7:30 p.m. Coffee, refreshments. A chance to visit with Rabbi, Cantor, and Sheila, our Educator. Ask questions. Try a Synagogue is sponsoring this event.

Adult Opportunities

Torah Study Returns: Bagels & Brains Saturdays in September at 9 a.m.

No guarantee on the brains, but the bagels are excellent and the conversation is open-ended and participatory. If you want to touch base with Judaism's basics, Torah Study is for you. Newcomers welcome. No prior knowledge necessary.

Monthly Morning Service

Wednesday, September 7at 7:30 a.m.

A chance to start your day with a different focus. We meet on the bimah for a service of 20 minutes. Breakfast follows. The feeling of togetherness is wonderful. The spirit is unique. Those who need to leave for the rest of the day are free no later than 8:15 a.m.

Future "morning minyan" services will take place on Wednesdays, October 5, November 2, December 7, January 4, February 1, March 7, April 4, May 2, June 6. The Morning Minyan is underwritten through our Endowment Fund by a gift from the Family of Richard Lavin.



Right - Having a fabulous summer at Eisner! From left to right: Cantor Levson, Celia Gibson, Dani Goldstein, Hannah Wald, Rachel Maniscalco, Shoshana Maniscalco.



Left - Loving Crane Lake Camp! From left to right: Cantor

Levson, Jesse Cohen-Lindfors,

Rachel Freedman, Marjorie

Black, Ben Black

Interfaith Matters Committee

Sunday, September 25 at 9 a.m.

The Interfaith Matters Committee at Sinai Temple is beginning its third year this September, 2011! The focus of this committee is to be inclusive of all congregation members of different faiths. We will continue to strive to create learning opportunities, provide information, and offer support to interfaith households in our Sinai community.

Our first meeting is SUNDAY, SEPTEMBER 25th at 9:00 after religious school drop off at Sinai. Feel free to join us and share your thoughts and ideas for the coming year. If you've questions or suggestions, please call Tricia Freedman, Interfaith Matters Chair, 567-6930

Transportation Needed? The Sinai Shul Shuttle

Do you ever need a ride to the Temple? Have you ever missed a service or an adult education class or any other event because you couldn't find a ride? If you can't drive yourself, our Caring Community will drive for you.

All you have to do is call the Temple office at least two business days in advance to make a reservation. The Caring Community Committee will connect you with a Temple member who will happily do the driving.

If you know someone who needs transportation or if you are someone who wants to volunteer as an occasional driver, please call the Temple office as well.

Thank you for supporting the Sustaining Membership Program

Thanks go to the Sinai households who have chosen to offer the Temple an extra amount of funds beyond their dues. During the current fiscal year, 93 Sinai households became Sustaining Members. Thanks to their generosity and the matching grant of an anonymous donor, this year's SMP has contributed over \$70,000 to our budget.

Thank you for supporting the Legacy Society

Thanks go to the 45 Sinai households who have looked into the distant future and decided to include the Temple in their estate plans. We have been promoting our "Legacy Society" for three full years and are about to enter our fourth year. If you would like to learn about giving for the future, please contact the Rabbi.

Sinai Temple Chavurah!

What is a Chavurah? A Chavurah is a group of approximately 12 to 16 Temple members who gather on a regular basis to share Jewish experiences, study, celebrate life and spend time together.

Who can join? All Temple members are invited to join. Just fill out the application and return it to the Temple office. The application can also be found at

www.sinai-temple.org

Are there different kinds of

Chavurot? Chavurot may consist of families, individuals on their own, or couples. Some may be limited to a given age group. Other Chavurot can include a diverse crosssection of the congregation. One Chavurah may concentrate on Jewish study, while another may mostly celebrate and socialize.

Who runs the Chavurah? Each

Chavurah will be autonomous. The Chavurah will organize its own leadership. Temple member, Heather Sullivan will be the Chavurah Coordinator. She will be receiving the applications and completing the matching process that will create the Chavurot. There is a Chavurah committee that will be working with Heather to make sure each group is running smoothly.

Questions? If you are interested but not sure about the Chavurot, please attend an informational meeting on Wednesday, October 5th at 7:30. You can also contact Heather Sullivan at heathsuesullivan@gmail.com or 736-3619 ext. 13.

The Chavurah Program is made possible by gifts in memory of Peter Roth

Chavurah Application

	formation that best reflects y his application can also be c	
-	nis application can also de c le website: www.sinai-temple.	•
	· <u>· · · · · · · · · · · · · · · · · · </u>	
Name		
Phone		
Address		
Your Age (Circle))	
Under 30 30-40	40-50 50-60 60-70 7	'0-80 Over 80
Children (if parti	cipating)	
Name	Gender	Age
Type of Chavura	h (number in priority o	order)
Family (inclue children)	ding preschool and you	unger aged
Family (inclue	ding school aged child	ren)
Family (inclue	ding teens and older cl	hildren)
Couples		
Singles		
l Women only		
Men only		
Other (fill in)		
Number in your Chavurah activit	order of preference the	e following
Study Discus Israel, etc	sions, e.g. Jewish histo	ory, values,
Celebrations,	, e.g. Jewish holidays/	Shabbat
Social, e.g. co	ooking, outdoors, craft	S
Social Action	activities	
Other		
Would you feel a	comfortable hosting a	chavurah
gathering in you	-	(circle)
	reate your own chavur	ah what
If you were to cr	eate your own chavura	an, what

Is there any other information that may be helpful in the matching process?

Message from Director of Education Sheila Shear

Shalom Chaverim

As summer is drawing to a close, it is with great anticipation that I look forward to another school year here at Sinai. I look forward to welcoming our new students as well as our returning students, our staff and our entire group of families.

I think it significant that on the 10th anniversary of 9/11, Sinai Temple will be full of life, spirit, learning, community and best of all, the laughter of our children.

The Torah Portion on this week(September 9-10) will be Ki Tetzei. The mitzvot described in this parsha instructs in the ways to treat people, animals and the land, important lesson as we continue to live in a world where loving kindness is not always on the menu.

The lessons our children learn here at Sinai are not the lessons they learn in school. The lessons of Torah may not get them a soccer scholarship to college, but the lessons learned here, the lessons of Torah will support them, and all of us, to lead productive, meaningful lives. I look forward to being part of their learning. *Shalom*, Sheila

Have You Heard About STUFF?

STUFF stands for Sinai Temple Under Five Families. Events draw energetic crowds of the youngest members of our congregation and their families. Our Spring Tot Shabbats were exceptionally special. In April, we decorated tambourines and then used them to accompany Cantor Bim Bam on the guitar. Using holiday props like the menorah and Seder plate, Rabbi told the story of a Kiddush cup that was confused by its Shabbat role. In May, Rabbi and Cantor led the grownups in a special blessing for their little ones. After the service, everyone enjoyed pizza, salad, and brownies. Rain brought our outdoor picnic inside in June, but didn't dampen our spirits. After a lively service, more than 40 grownups and youngsters happily gathered on blankets to enjoy dinner. Our picnic ended with a special make-your-own-sundae bar for dessert.

Upcoming STUFF events:

- September 29th, 8:30 am Rosh Hashanah Service for STUFF
- October 2nd, 10:00am Bagels & Blocks: Let's Shake our Lulavs for Sukkot & Wave our Flags for Simchat Torah
- October 8th, 2:00pm Yom Kippur Service for STUFF

If you are interested in receiving more information about STUFF happenings or if you would like to be part of the STUFF committee, please contact Melanie Courtemanche at mnkle17@gmail.com or Alisha Snow at alishaksnow@yahoo.com. The STUFF committee will have its inaugural meeting in September, date and time to be announced soon.

Message from Men of Sinai President Jack Henrie

Last year was great for Men of Sinai as we had seven breakfasts, three barbeques, the Fall Festival of Art, a TV raffle, the honoring of Robyn Newhouse and Steve Kaplan with the Rabbi Herman E. Snyder Award, and provided menus and support for Hanukkah, Purim, and the Snyder Award dinner. Thankfully, more joined the Men of Sinai to help with all these activities as our ranks grew by over 70%.

We will not rest on our laurels this year. We expect to help in Sinai's fundraising activities, to provide the Snyder Award and dinner, Hanukkah and Purim support, and we again have seven scheduled breakfasts, two barbeques, and a number of events to be announced. For information on the first two breakfasts and the first barbeque, please see the adjoining submittal by MOS' Secretary Buff Maniscalco.

Many thanks to all of you who have participated in the Men of Sinai! Please join with us this year and continue to grow our MOS community in support of Sinai!

Welcome Back Barbecue from

the Men of Sinai – Sunday September 11

September is the time when the dog days of summer give way to the cool comfortable breezes of autumn. It is also the time for us to return home from our seasonal travels. The Men of Sinai would like to welcome you home. But before the season officially ends please join us for our annual end of summer barbecue. This years barbecue will be Sunday September 11th at 11:30, immediately after Religious School. Come share your summertime stories and reconnect with your Sinai family. Everyone is welcome. Food and refreshments will be provided free of charge by Men of Sinai.

Men of Sinai Breakfast Remembers 80 Years of Sinai – Sunday October 16

This years marks the 80th anniversary of the founding of Sinai Temple (1931-2011). In celebration of this event we have invited several long time members of our shul to our first monthly breakfast (October 16th) to talk about the history of Sinai and growing up in our temple. Breakfast is served at 9:30 AM in the OS Room. Men of Sinai members are free and guests are \$5 for the breakfast. For more information contact Jack Henrie, President MOS ergo.llc@ cox.net.The next breakfast will be on November 13th.The topic will be The Ultimate Mitzvah.

Allergy-sufferers Request

Please refrain from excessive use of perfumes and colognes when attending services and events at Temple especially on the High Holidays. Those with allergies can be adversely affected and become uncomfortable when exposed to strong scents. When purchasing bimah flowers for special occasions please be considerate of allergysufferers and order only non-scented arrangements.

SUKKOT & SIMCHAT TORAH 5772

EREV SUKKOT

Wednesday, October 12

We gather together at 6 p.m. Sukkah decorating and outdoor service.

SUKKOT DAY

Thursday, October 13

At 10:30 a.m. Lulav and etrog. Kiddush in the sukkah.

EREV SIMCHAT TORAH

Wednesday, October 19

At 7:00 p.m.

Consecrate our First Graders and then march and dance with our Torah scrolls.

SIMCHAT TORAH/YIZKOR SERVICE

Thursday, October 20 At 10:30 a.m.

Mark the conclusion and beginning of the Torah cycle and also conduct a memorial service.

The Caring Community of Sinai Temple cordially invites you to attend A Holiday Luncheon for Sinai Senior Members Thursday, October 20 I2:00 noon (Following our Simchat Torah/Yizkor Service) There is no charge for this wonderful program. Please RSVP to the Temple Office at 736-3619

The Memory of the Righteous is a Blessing

All of us at Sinai Temple extend condolences as we remember the following. Their memories are precious to their relatives, their friends and to each of us who form the community of Sinai Temple.

We remember those who have passed away from June 20, 2011 – August 8, 2011:

- Sidney Radner, Bill Radner's father.
- Patricia Tuttleton, Joan Lesser's sister.
- Sidney Hillenberg, Roberta Hillenberg-Gang's father.

Notes from Cantor Martin Levson

It will soon be a New Year! Wouldn't you like to learn a new Jewish skill? Wouldn't it be great to look back on 5772 next fall and say to yourself "This past year, I learned how to chant Torah!" Back in the May bulletin, I mentioned the possibility of my offering a Torah chanting class. While I have heard from a few people over the summer, the time is rapidly approaching to decide whether or not to offer this class. The class would meet weekly over a period of about 10 weeks, and yes, there will be "homework!" (The ONLY way to learn how to do this is through practice!) The class would culminate with the graduates chanting some verses of Torah during a Shabbat service. If you can already "decode" Hebrew (reading letters and vowels, but not necessarily with comprehension), and would like to learn the sacred art of chanting Torah, please let me know soon that you would be interested! If I get enough of a response, I would be delighted to offer the class this autumn.

Maybe you can't "decode" Hebrew. Would you like to blow the shofar? Rabbi Shapiro and I would like to have a literal chorus of shofarot at the very end of Neila services on Yom Kippur day. If you would like to be part of this wonderfully cacophonous endeavor, please let me know. Dates and times of practice sessions will be announced soon!

Finally, I am pleased to announce that I will be holding another "Welcoming Shabbat with Sacred Chant" session on Friday evening, September 30. We will begin upstairs in room 6 at 7:00, and we will chant (with brief periods of meditation) until about 7:25. It's an amazingly powerful way to spiritually prepare for Shabbat. I invite you to open your hearts and souls to Shabbat on this evening through the powerful practice of Jewish sacred chanting. (And you don't have to sit on the floor!)

Mazal Tov To:

• We are happy to report the birth of a little boy to our congregants Scott and Leslie Kittredge. (Scott is the son of our congregants Cynthia and Chuck Kittredge.)

• Esta and Tony Sobey on their daughter, Melissa Sobey Radin's, receiving her J.D. (Juris Doctorate) degree from Loyola Law School of Los Angeles, CA.

• Ruth Corbert on the birth of her greatgrandson, Brayden Derek Lyons. Brayden's proud parents are Melissa and Derek Lyons and his grandparents are Richard and Rita Corbert.

• Arthur and Peggy Grodd on the engagement of their daughter, Liz, to Aaron Friedman.

• Gerry and Leah Gottlieb on the birth of their graddaughter, Meital Shoshana. Matthew and Ida Berger are the very happy parents.

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